



# High Performance Coaching

AMAZING PEOPLE



## Course overview

High Performance Coaching (HPC) will enable you to develop your people's performance and potential through proven coaching orientation, tools and techniques.

## Key benefits


- Proven models for improving performance, alignment and potential in individuals and teams.
- Practical models to structure coaching and feedback and assess the impact of your coaching on others.
- Practical hands on learning through case study, real play, role-play and workplace application projects.
- One-to-one coaching, support and feedback from our qualified facilitators.
- Live feedback from peers and facilitators in a safe learning environment.
- Structured coaching tools and techniques that can be applied across a wide spectrum of coaching scenarios from five minute on the job interactions to significant performance, career and development planning.
- Practical tips and tools for building relationships and trust by engaging in effective dialogue with your reports and workgroup.

## Who should attend?

- Leaders and managers who want to maximise the performance, effectiveness and potential of their reports and teams.
- Leaders and managers who need to achieve more through others.
- Managers and supervisors under pressure to get things done, particularly those addicted to doing it all themselves.
- New leaders and managers wanting to build their teams or build new members into their teams.
- People leading change.
- Leaders and managers wanting to take a high performing team to the next level.

## Level of experience

Applicable for people managers and leaders from the front line to the executive suite.



*“Amazing Peoples High Performance Coaching Program is AMAZING.*

*This program is all about clarity of objectives, honest, timely and motivating feedback and flexibility of approach.*

*Amazing People have helped our managers, at all levels of the business, make the transition to a coaching style of leadership with their innovative and energising program.*

*Our managers feel more confident, and our people feel more empowered, I highly recommend AP’s High Performance Coaching Program to you.”*

*Mark Sapsford  
Director of Human Resources,  
Johnson and Johnson Pty Ltd*

### **Learning outcomes**

Understand the fundamental coaching orientation – to maximise the performance and potential of the coachee.

Develop practical skills in coaching.

Become skilled and confident in building effective dialogue.

Become skilled and confident in providing supportive, corrective and informative feedback.

Support the development of effective coaching and development plans in others.

### **Duration and estimated workload**

30 minute Team Management Profile Questionnaire.

Three Day High Performance Coaching Toolkit

2 x half day review workshops.

Two one-hour phone coaching sessions.

One one-hour face to face meeting.

Workplace application project.

Project presentation.

### **Clients who have successfully employed HPC**

Johnson and Johnson Medical

Janssen-Cilag

Qantas Airways Limited

Sanitarium Health Foods